## COVIDIEN

# The Nottingham Total Laparoscopic Hysterectomy Masterclass Utilising Cadaveric and Clinical Immersion Training Model

The Post Graduate Centre
Nottingham University Hospital
Department of Gynaecological Oncology
City Hospital Campus
Nottingham

### Course Director: Mr Jaf Abu

Consultant Gynaecological Surgeon and Oncologist

#### Course overview

This is a two-day course aimed at the consultant gynaecological oncologist or general gynaecologist interested in being able to perform total laparoscopic hysterectomy (TLH), laparoscopic pelvic lymphadenectomy and laparoscopic omentectomy. Delegates will also be showed various tips and tricks plus TLH for the morbidly obese women.

**Day 1:** Lectures, video presentations, practical training for TLH in the cadaver (delegates performing procedure), equipment demonstrations and laparoscopic intracorporeal suture workshop.

Day 2: In-theatre training, during which delegates will be physically present in the theatre, watch live procedures and learn theatre set up for TLH. This will be as interactive as possible.

**The aim of the course:** By the end of the course, delegates should be competent to independently perform total laparoscopic hysterectomy as well as able to close the vaginal vault laparoscopically. Delegates are advised to book TLH cases at their base hospitals prior to attending the course. This way they can immediately carry out TLH upon their return whilst still fresh from attending the course. Delegates will also pelvic sidewall dissection, mobilising the showed ureters, lymphadenectomy and laparoscopic omentectomy. Various tips and tricks will be taught including TLH in the morbidly obese patients with endometrial cancer diagnosis, fibroids and previous abdominal surgeries (including previous caesarean sections). Efforts will be made to select a variety of cases for the course although this may also be influenced by the surgical needs at the time.

#### **Programme outline**

# Day 1

08.00 - 08.30	Arrival of delegates/faculty members, Clinical Skills Training Centre, Post Graduate Education Centre, City Campus, NUH Registration, Tea and Coffee
08.30 - 08.45	Welcome and Introduction – <i>Jaf Abu</i>
08.45 – 09.30	TLH technique and indications TLH in the surgical management of endometrial cancer – <i>Jaf Abu</i>
09.30 - 09.45	Benign indications – <i>Shilpa Deb</i>
09.45 – 10.10	TLH: Audit – The Nottingham Experience <b>Amudha Thangavelu</b>
10.10 – 10.30	Writing a business Plan for TLH – David Nunns
10.30 – 10.45	Tea/coffee break
10.45 – 11.00	Electrosurgery – Colin Simpson (Covidien)
11.00 – 12.00	Video presentations, tips and tricks – <i>Jaf Abu</i>
12.15 – 13.00	Anaesthesia for TLH, morbid obesity – <i>Amelia Banks</i>
13.00 – 13.30	Lunch
	Cadaver Laboratory - (Supervisors: J Abu, S Deb, A Thangavelu)
13.30 – 14.00	Demonstration of laparoscopic instrumentation for TLH
14.00 - 1530	Cadaver training in techniques for TLH
15.30 – 15.45	Tea/coffee break
15.45 – 16.45	Cadaveric training session continues
16.45 – 17.45	Intra-corporeal suture skills training
17.45	Close
19.30	Course dinner at World Service, Nottingham

# Day 2

17.30

## Whole-day operating session:

Consultant Anaesthetist – Dr Amelia Banks

Close

08.00 – 08.15 Urology Seminar Room – presentation of the cases for immersion by **Amudha Thangavelu**.

There may be a live link to try to reduce the number of people in theatre at any one time. However, all delegates will be able to spend adequate amount of time in theatre with the faculty members during all the live cases and be able to watch some cases in 3D.

08.30 – 12.30	Live operating – J Abu, S Deb, A Thangavelu
12.30 – 13.00	Lunch/discussion and comments about morning session
13.00 – 16.30	Live operating – J Abu, S Deb, A Thangavelu
16.30 – 17.00	Feedback from delegates

#### Important notes:

- The faculty members assume that delegates attending this course wishes to learn TLH. Although a brief mention will be made of the advantages of TLH over other forms of total hysterectomy (TH), this is not the primary aim of the course. Delegates who are comfortable doing other forms of TH need not attend this Masterclass Course.
- 2. Delegates should bring along clean theatre footwear for their use during the live operating sessions. A refundable cash payment of £20 for a pair theatre shoes will be required from those who fail to do so. This fee will only be refunded upon return.

## Course Faculty:

#### Mr Jaf Abu

Consultant gynaecological oncologist Nottingham University Hospital City Hospital Campus Nottingham NG5 1PB

#### **Mr David Nunns**

Consultant gynaecological oncologist Nottingham University Hospital Nottingham

#### **Dr Amelia Banks**

Consultant anaesthetist Nottingham University Hospital

#### Miss Shilpa Deb

Consultant Gynaecologist Nottingham University Hospital Nottingham

#### **Dr Melanie Davies**

Consultant anaesthetist Nottingham University Hospital Nottingham

#### Course includes:

Hotel accommodation, all course tuition, materials and course dinner.

#### **CME Credits:**

The Royal College of Obstetricians and Gynaecologists have approved this course for 10 CME points. Approval is currently been sought for a total of 15 CME points. Delegates who have attended all the sessions can apply by sending the course programme and their certificate of attendance to the CME department of the RCOG.

#### To reserve a place:

Send a cheque of £350.00 made payable to Nottingham University Hospital and post to:

John Garnham-Davies
Clinical Skills Centre Manager
Clinical Skills & Competency Centre
Nottingham University Hospitals NHS Trust
City Hospital Campus
Hucknall Road
Nottingham NG5 1PB

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